

# Membership... the benefits flow



the **Lifeflow**<sup>®</sup>  
meditation centre

*life in balance*

**\* 10% discount to all Lifeflow<sup>®</sup> courses and retreats**

Save up to \$66 on a year's courses at our City Studio (4 terms).  
Save up to \$75 on our 7-day Winter retreat at Tara Hills Retreat Centre.

**\* \$10 discount off personal session rates**

Save \$10 per session with all Lifeflow teachers. With personal sessions you can receive guidance for your specific meditation questions.

**\* Members-only retreats**

Through the year we hold members-only retreats at Tara Hills – normally over weekends during the teaching term, plus our 10 day retreat in late December and early January (prerequisites apply to these retreats – see our web page on Members' Retreats for details). We also have two retreats at Kurlana Mallee Sanctuary (Easter and October long weekends).

**\* Stay in touch with Lifeflow<sup>®</sup> news**

You'll receive our quarterly newsletter *Life Movements*, the Members' update *Insight*, and regular updates by email (max 12 per year for email updates)

**\* Borrowing rights to our extensive library (at Tara Hills)**

We have over 1000 titles about meditation and related subjects. The Library is located at Tara Hills Retreat Centre and is only accessible during scheduled classes and retreats, or by prior arrangement. You can return borrowed books to our City Studio.

**\* Supporting the work of the Lifeflow<sup>®</sup> Centre**

Membership helps you to open to a deeper meditation experience – through members-only retreats, ongoing dialogues with teachers, and opportunities to meet other members. Your membership also helps support the Lifeflow<sup>®</sup> Centre - a contribution to something of real value for meditation students and for the wider community in general.

Studio Address  
447 Morphett St  
Adelaide SA 5000

Postal Address  
PO Box 10454  
Adelaide SA 5001

P (08) 8353 0000  
E info@lifeflow.com.au  
W lifeflow.com.au

Please tick as appropriate

single

couple

**Join up now...**

1 year (4 terms) membership

\$85 – waged inc GST

\$145 – waged inc GST

\$75 – conc inc GST

\$125 – conc inc GST

**Privacy:** Any personal information you provide will not be disclosed to any other organisation or person.

Name: .....

Address: ..... Postcode: .....

Contact phone #s: (h/m/w).....

Email address: .....

**PAYMENT OPTIONS**

**EITHER:**  Cheque / money order made payable to  
The Lifeflow Meditation Centre

**OR**  Visa  Mastercard

**Amount enclosed as payment:** \$ .....

Card number: \_\_\_\_\_

Card holder's name: .....

Expiry Date: / Signature: .....

For Lifeflow use only	Receipt #	Amount paid	Method of payment	Initial	Date
	Memb Pk sent		Member db updated		

**How to join**

**By credit card over the phone:** Please ring 8353 0000 & have your card details handy (Visa or Mastercard).

**In person:** You may join at our Free Talks, or at any of our courses or retreats.

**Mail:** Fill in the accompanying form, detach and send with either completed credit card details or cheque / money order to:  
PO Box 10454  
Adelaide SA 5001.

**Concessions:**  
\* full time students  
\* Health Care Card holders  
Please provide proof of concession when joining.